

Region 16 Quartet Workshop

June 8, 2019 - Durham College, Oshawa

SAT. 6/8	OPEN CLASS*	TOPIC Faculty = Mo Field, Room = L118	QUARTET	COACH	ROOM
8:30 am		Check-In Table			
8:55 am	<i>Walkin' on Sunshine</i>	Welcome, etc. – Cathy Stovold & Sue Melvin			
9:00 am to 9:10 am		Physical Forgetfulness – Physical activity to get loose and laughing!			
9:10 am to 10:15 am		Vocal Tai-Chi – Vocal skills with a twist. How to treat the articulation of vowels and consonants. Learn how to deepen your relationship with articulative elements whilst warming up the mechanism with a couple regional songs.	<i>Tonal Recall</i>	Leila Brown	L113
10:15-10:20		BREAK – 5 minutes Bring your own beverage and/or snack to the room for comfort.			
10:20 am to 11:35 am	<i>Embrace</i>	Musical Visionaries - Do what you fear, make it disappear. Your deep vision for yourself and the psychological approach to unlocking creativity. This is the lens through which you do all your work to free yourself up from self-judgement and become more open to exploring your creative super-powers.	<i>Vivacious</i>	Annie Foley	L207
			<i>Luxe</i>	Sue Melvin	L113
11:35-11:40		BREAK – 5 minutes Bring your own beverage and/or snack to the room for comfort.			
11:40 am to 1:10 pm	<i>Tessitura</i>	Performance Food - Feed your ears, feast your eyes. How to super-charge the impact of your musical performance and bring it together cohesively with purposeful performance analysis. Notice how much things change when we observe a performance with more mindfulness vs. only surface pleasure. (Active observation vs. passive 'thrill.') We'll blend <i>doing</i> with <i>observing</i> .	<i>Skylark</i>	Martha DeClerq	L207
			<i>Walkin' on Sunshine</i>	Sue Melvin	L113
1:15-2:15 pm		LUNCH BUFFET – South Village Dining Hall			
2:20 pm to 3:35 pm	<i>S.L.A.M.!</i>	Interpretation Magic Making the song your own through different interpretive approaches, rhythmic tricks, ballad interp ideas, etc. Mo will use Region 16 Champs, S.L.A.M.!, to 'play.' See the impact when subtle things are modified.	<i>Embrace</i>	Paula Allen	L207
			<i>Tessitura</i>	Nancy Watson	L113
3:35-3:40 pm		BREAK – 5 minutes			
3:40 pm to 4:55 pm	<i>Luxe</i>	Coaching Under Glass 1) <i>Luxe</i> - 35 minutes 2) <i>Walkin' on Sunshine</i> - 35 minutes	<i>Up & Coming</i>	Annie Foley	L207
			<i>Riverblend</i>	Martha DeClerq	L113
4:55-5:00pm		Wrap-Up			

* **Open Class** = Quartet sings one (1) song beginning promptly at class start time. (There's no introduction...Just begin to get the class' focus.)