

2017 Region 16 Fall Music School - FRIDAY NIGHT ROUND TABLE TOPICS

LEADER	2017 ROUND TABLES
Allen, Paula	<i>Different Ways to Learn a Song</i> Get ideas for different possibilities, both left and right-brained, for learning your notes accurately and quickly.
Calveric, Pam	<i>Tools for Communicating an Effective Visual Plan</i> Learn some effective methods the champions use to get all chorus members on the same visual page. Some examples to be discussed: use of video, modeling, small group work, written plans, and more!
Crowe, JD	<i>Taking Sweet Adelines Into the Future</i> Updates from International! Get informed directly from an International Board member about exciting things going on in our organization.
Donovan, June	<i>Sweet Adelines Regional Governance Pilot</i> What's it all about? Why are we doing this? Who are our Regional Resource Staff and what do they do? Get an overview and Q&A.
Febel, Jennifer	<i>The Power of Your Mind on the Risers</i> We've all heard our Directors and coaches give us these seemingly nonsensical instructions like "Sing on top of the table" or "Aim the sound out your forehead" and have marvelled over just how well they work. Have you ever wondered <i>why</i> ? Learn the secret to using the power of your mind to help you achieve more vocal freedom. Join a Master Hypnotherapist and Wellness Coach to learn a simple an easy way to elevate your learning and singing potential.
Gentile, Sue	<i>Fun Warm-Ups</i> Have fun warming up and improving your voice with these exercises. Interactive class for all singers.
Heighway, Sue	<i>Communication: It's a H.O.T. Topic</i> Let's chat about the importance of <u>H</u> onest, <u>O</u> pen and <u>T</u> wo-Way communication. What are the habits of highly effective communicators? Discuss common chorus communication problems and ways to avoid them. Open discussion.
Marriott, Sue	<i>Performance Skills: Where Do We Begin?</i> Learn the basic skill set every performer needs to develop (focus, teamwork, creativity, observation, & trust) to become a stronger individual performer, a stronger contributor to the ensemble, & to understand the most effective ways to rehearse. Take away fun exercises for rehearsals and retreats to help you and your chorus members develop these skills.
Mattison, Rosalie	<i>Muscle Tension and Your Singing</i> Learn from a Licensed Massage Therapist what the causes of your muscle tension are, how it's impacting your singing and how to fix it. Come away with exercises/advice that can help relieve this tension for yourself or your chorus, and ultimately help your singing.
Porsch, Diane	<i>Judging Categories De-mystified</i> What are they really judging us on? Why did we get that score? What's the difference between the Expression and Music categories? Where should my quartet/chorus start in improving our score next time? Ask questions of our Region 16 in-house Sweet Adeline Judge!
Power Chords	<i>The Joy of Quartetting!</i> How to find a quartet, making the most of our time together, finding the right coach, getting along, and any other questions you may have!! Open Q&A
Rocchio, Maureen	<i>Synchronization</i> What causes sync issues? How do we fix them? What are some exercises that help? What can you as a singer do to avoid being out-of-sync?
Stevens, Kristin	<i>Take a Breath: It's FREE!</i> We know that breathing is the foundation for good singing. Having trouble getting to the ends of those phrases? We'll help you get the 'engine' that pumps the air running more effectively.
Sykes, Julie	<i>Young Women in Harmony: Just Do It!</i> How can <i>you</i> get more involved in programs to encourage our legacy, young singers, to get the barbershop bug? Learn what materials are available through SAI, how to get started with a YWIIH workshop or ensemble, how does working with youth differ from working with adults (vocally and otherwise), ideas for how to keep them interested, and any other related topics you'd like to talk about.
Thorne-Percy, A.	<i>Q & A: Sweet Adelines 101</i> Who do I contact about 'X'? Where can I find more info about 'Y'? Why are we doing 'Z'? For both veterans <i>or</i> relatively new Sweet Adelines. Come with any chorus, Regional or International questions you may have. (Newbies: No question is off-the-table. For example, "Where can I find the "edge" of a song'? (Really?!). Is this much make-up really necessary'?, and anything else you're curious about.)
Watson, Nancy	<i>Stand Proud: Riser Placement</i> Why did the Director put me there? Positioning options for different sounds, issues, voices.