



Sweet Adelines Lake Ontario Region 16 Newsletter

March 2018

2018 Regional Convention



Please let us know about your contest dress rehearsals/Friends & Family nights so we can post to the Regional Facebook page.

Watch for webcast details coming to you soon!

Important Links:

[Chorus Contest Supplement](#)

[Quartet Contest Supplement](#)

[Chorus Order of Appearance](#)

[Quartet Order of Appearance](#)



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International Board of Directors



Choosing potential nominees for the International Board of Directors (2019-2022 term)

From: Cammi MacKinlay, International Nominating Committee Chair

We just finished counting the votes in December for the two new members of the International Board of Directors who will serve the 2018-2021 term. Since this is an ongoing process, it is now time to start thinking about choosing potential nominees who, if nominated and elected, will serve the 2019-2022 term.

Why is this important? This is your chapter's opportunity to participate in the selection of potential nominees for the International Board of Directors. It's time to look at the leaders in your chorus, your region, and the Sweet Adelines world with an eye toward their potential as members of the International Board.

[Click here to read the full article!](#)

YWIH

Submission Deadline for April Issue : APRIL 13 ,2018

Friendly reminders about your articles:

- Keep your submissions to approximately 500 words. We all have a lot of great news to share and I encourage you to submit monthly so articles could be kept to a reasonable length.
- Send your articles either in a Word document, or in the body of an email. Please do not send as a PDF
- Send your articles to sheighwayreg16@live.ca

If you have any questions, please let me know!

Sue

New Members! Wahoo!



ACAPPELLOOZA

**FOR BOYS AND GIRLS
AGED 10-18**

A Cappella Workshop

Excited by the vocal harmonies of *Pitch Perfect*, *Glee* and *Pentatonix*? What is cooler than a group of singers harmonizing with only their voices?

Come out to the **Orangeville Fairgrounds** on **Sat. June 2** from **9:30-3 pm** for a day of harmonizing fun with the **Orangeville Show Chorus**.

Go to this link for all the details - [ACAPPELLOOZA](#) or Scan the QR code above.

Click [HERE](#) for more information!

North Metro Welcomes

- Frida Öhman
- Janis Stone
- Sam Zurin

Let us know who your new members are and they can see their name here!

Regional Website Login Information

Just a reminder that our Region 16 website does not have a member specific login. In order to get to the Regional Songs, enter the userID and Password below in the "[Members Only](#)" area.

UserID: member16

Password: singalong

Past Publications

Click on the link below to see past issues of the Sixteenth Notes

[September 2017](#)

[October 2017](#)

[November 2017](#)

[December 2017](#)

[January 2018](#)

[February 2018](#)

Buffalo Gateway Chorus



Retreat time again for Buffalo Gateway Chorus! We spent a weekend in March immersed in singing, ringing and perfecting our musicality with the esteemed director of Skyline Chorus, Vickie Maybury. Each coach brings their own special brand and skill set, and Vickie was able to get us all thinking about ways to care for and protect our voices. Her expertise in the Expression category was invaluable to bring freedom and emotion to our vocal product. It's amazing how fast eight hours can fly by when learning exciting new layers to add to our performance. Probably the promise of some off-the-risers fun helps somewhat, plus a break or two and a meal! The "No-Talent Talent Show" is always the featured

Saturday night event, which can be counted on to bring a good time with lots of laughs!





And the nominations are in! These lovely ladies have been nominated as Circle of Harmony's Sweet Adeline of the Year 2018! Voting takes place in a couple of weeks and we will make the presentation at our Family and Friends performance just before we go to contest! Each of these wonderful women contribute uniquely to the Circle of Harmony. Good Luck Ladies. You do us all proud!

Here they are! Anna Shen, SAOTY 2017, centre, front, surrounded by this year's nominees:
Front (L to R) Sheila McKenzie, Barb Hodge, Anna, Jane Zaroski and Sabine Findlay

Back (L to R): Karen Packer, Deborah Cameron, Kathy Wettlaufer, JJ Piccolotto, Christine Yorke and Gail Falkner

Also nominated but absent from photo: Carolann Badger and Karen West!

The Circle of Harmony wishes all our sisters in harmony the very best at contest in April!

Susan Mander
Circle of Harmony



Greater Kingston Chorus



Greater Kingston Chorus was honoured to be invited to sing at the new Providence Care Hospital in Kingston on February 6th, where we performed for an appreciative audience of both patients and staff.



Next up was our retreat weekend March 10th & 11th at Isaiah Tubbs Resort in Picton where the theme was "Character is Key!" We focused on developing and embracing the journey of the character in each of our contest songs. We experienced "multiple Kleenex" moments working on our ballad, as individual members of GKC bravely shared their personal stories that aligned with the emotional journey of our ballad's character. Every member of the chorus was assigned to a "small group" (as close to a quartet as possible) and each group was coached by our Director, Assistant Director or another member of the Music Team. It was a great confidence booster and allowed every member to

receive some individual feedback.

Team building activities during retreat included pyramid building (without touching the cups!), pantyhose bowling, lip-sync performances, an escape room, and other hilarity!

To second that emotion....we continued work on emotion and character during a coaching session on March 20th with Pat Brown from Toronto Northern Lights. Pat challenged us to find ways to use our own personal experiences to connect with the emotional journey of the character in our songs.

GKC and Walkin' on Sunshine quartet are looking forward to reuniting with our Region 16 sisters in harmony at Regional Convention!



Kawartha Music Company



On Monday March 12th we joined the Aces of Harmony to perform a 50/60's show together at Princess Gardens, a retirement living community in Peterborough



York Harmony Chorus



As we have been ramping up for Syracuse, our members have been stepping it up in every way. Along with our weekly rehearsal we had the pleasure to be mentored by the "ever energizing" Joe Connelly. By the end of the evening we were inspired by some famous phrases by Muhammed Ali and ready to enter into our own "Harmony Olympics" ring. Above all...he lifted the bar by helping us to envision our fullest potential together. Be motivated and ready to bring on our "a-game", be your own greatness! Then we were very fortunate to have the extra specially inspiring Diane Porsche who always does an amazing job helping us to finetune our choreo. She's always so helpful by sharing feedback that reminds each of us to be accountable for ourselves and our team. Besides

having an such exceptional Director and Assistant Director, we are all grateful for having the opportunity to learn and enjoy our craft with such passionate, funny and knowledgeable talents.

On February 27th, York Harmony held a special graduation event led by our Membership Team Leader, Anne Gauvreau "officially, officially" welcoming our enthusiastic and fun YHC NEWBIES!

Congratulations Ladies...looking forward to being on stage with you in Syracuse AND for ever more. How did we get so lucky!



Back row l to r: Jen Muller, Anthea English, Kathy Jackson
front row: Martha Grant, Erin MacDonald, Denise Dudley,
Anne Gauvreau, Joanna Karwowska-Elatat

Upcoming Events

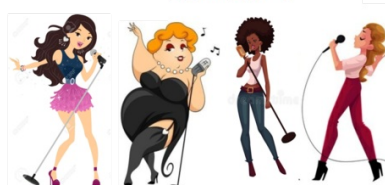
EVENT	WHEN	GUEST FACULTY	WHERE
Convention Education Class	Friday, April 20, 2018 10:30 am - 11:30 am	Diane Porsch	Syracuse, NY Civic Centre Carrier Theatre
Small Chorus Workshop Register by May 15, 2018	Saturday, June 15, 2018	Kim Wonders	Toronto, ON
Music School	November 9-11, 2018	Ryan Heller	Kingston, ON
Music School	June 7-9, 2019	Mo Field	TBD
Quartet Workshop	October 26, 2019	Kim Vaughn	TBD

Komedy Kwartet

Hosted by Scarborough Chorus

Tuesday June 5, 2018

Tickets \$10 up to May 5; \$15 after May 5
\$5.00 for participants



Jubilee United Church 40 Underhill Dr. North York
Doors open 7:00 PM Show starts 7:30 PM
Refreshments will be served

Get your Special Raffle tickets.

\$10 each. Limited number of tickets available for 13 cash prizes of \$25 to \$250.
No need to be present to win. Purchase tickets in advance or at the venue.

Participant registration Show and raffle tickets
Contact Arlene Welch 416-439-7530 or arlenewelch@rogers.com



SMALL CHORUS WORKSHOP

WHEN

Saturday, June 16, 2018
9:00am – 5:00pm

GUEST FACULTY

Kim Wonders
• International Faculty
• Master Director
• Sweet Adelines International MENC Award winner
• Director Metro Nashville Chorus - Post Small and Mid-Sized
• Harmony Classic champions, 3-time Harmony Achievement
• Award winners (for the highest scoring small chorus in an
International Contest) and St. Louis bound!



SOME OF THE ACTIVITIES

Coaching with Kim	Coaching to the first 3 choruses registering! The rest of us will enjoy and learn loads from these demonstration sessions!
Unit Approach to Vocal Production	Interactive class on how to develop better vocal skills.
BLYNCH	• Blend and Synch: Developing better blend, synchronization and unit sound. Effective application of vocal skills.
The Power Packed Performance	What makes a performance powerful for both the audience and the performer.
The Art of Application	• How to apply and follow through with the skills and techniques that are learned during a chorus coaching session.

WHERE
Harmony Hall
2 Gower Street
Toronto, Ontario

COST

We've kept this event at a low cost to you by:
• Using a non-hotel venue
• Making it a 1-day, drive in / drive out event with no overnights needed.

Only \$40 / person
CDN & USD
including lunch!

REGISTRATION

Early Bird registration
NOW thru 5/1-5/15/18

AFTER 5/15
\$10 additional fee per person

Komedy Kwartet 2018

[Click here to view the poster](#)

Small Chorus Workshop

[Click here to view the poster](#)

[Click here for registration forms](#)

email arlenewelch@rogers.com

WATCH FOR MORE INFORMATION ABOUT THIS
EVENT COMING SOON!

Sweet Adelines Region 16
Sue Heighway - Communications Coordinator
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