



## Region 16 Fall Music School: RISE & SHINE!

Ignite, Elevate & Step Into the Spotlight

This fall we will unleash the vibrant talents of our region, fostering collaboration and growth in all facets of performance. This educational opportunity will delve into the emotional, physical, mental and vocal dimensions of performance and stagecraft, with a core focus on serving our audiences with authenticity, passion, and technical excellence.

### Class Themes and Topics

#### Opening Session - Friday September 26, 7:30pm

##### Vocal Boost: Hacks & Shortcuts for Singers

###### *Unlock Your Voice with Creativity*

This dynamic class is designed for all singers who crave practical, immediate improvements and innovative techniques that break the mold of traditional vocal training. Together we will explore creative hacks and short-cuts to improve your voice in areas such as vocal ease, resonance, and brilliance. With the help of your imagination, you will leave this class with a fresh perspective and a buffet of creative ideas to help you improve your voice.

##### Take the Stage: Quartetapalooza & Party

It's a Friday night Region 16 fiesta with singing, socializing and appetizers! Whether you're in a quartet or get into a pickup group, share a song—fun, heartfelt, or novelty—and take the stage. Come ready to sing, laugh, and connect at this unforgettable night of harmony and good times!

Saturday September 27, 8:30-5pm

## Class #1: The Unforgettable Performer! Unleashing Authentic Emotional Intention

*Exploring Emotional Resonance, performance freedom, Lyrical Intention, and Musical Storytelling*

As performers, we have an opportunity to be the therapist, the giver, the artist and the life-changer of the humans that sit on the other side of our microphone. In this class, we will explore authenticity, and the exploration and communication of the intentions of the composer, lyricist and arranger, becoming their music and leaving audiences forever changed.

## Class #2: Better Together! Strengthening Unity & Synchronization

*Singing and Performing AS ONE*

The journey to unity and synchronization requires so much more than just singing the same notes at the same time. It involves a mix of technical precision, emotional connection, and collective intention. It's a deep musical and emotional connection among singers, resulting in a cohesive sound and presence. Together we will take a deeper dive into this topic identifying common challenges & traps that impede unity and synchronization and identify strategies to sing and perform as one.

## Class #3 Step Up to the Mic!

*Sharing Our Specialties*

During this class and in small segments throughout the weekend we will call on and celebrate some of our Regional Talent to impart helpful educational tidbits that will celebrate our expanding leadership and inspire us all forward such as Wrong-Note Rehab with Julie Sykes, Performance Anxiety with Melanie Coulter, Vocal Health; Breaking the Silence with Sharon Demy, Shining as a Leader From the Risers with Thérèse Antonini and more.

Saturday September 27, 8:30-5pm - continued

## Coaching In the Spotlight

*Learn by watching, grow by listening*

Powerful learning happens when we watch others being coached. Working through challenges in real time, we gain insights into vocal technique, musicality, and performance—often discovering things we can apply to our own singing. Every coaching moment is a chance to grow.

## Your Turn: Hallelujah Barbershop! United in Song, Elevating SAI Harmony for 80 Years

*Connecting Region #16 Voices in a Practical Experiential Learning*

During this fun and engaging class, we will all pile on the risers together and bring the song, Hallelujah Barbershop to life, working as a large ensemble together to elevate and celebrate our skills.

## Closing Session: Rekindling Your WHY! Breaking Patterns for Growth! Elevating Your Joy!

*Reframing Your Purpose*

This introspective class will encourage participants to re-examine your WHY and centre your purpose, celebrating your humanness and inspiring your forward. We will examine topics such as breaking patterns, blind followership, the power of relationships, how to reframe competition in a healthy way, how to transform challenges into opportunities for growth, replacing pressure with purpose and reframing your future.