|  |  |
| --- | --- |
| **2019 REGION 16 MUSIC SCHOOL ROUND TABLE TOPIC** | **LEADER** |
| ***Sing High, Sing Low***  Explore ways to increase your vocal range with freedom. | Allen, Paula |
| ***Take a Breath - It's Free!***  Running out of air at the end of some phrases? Having challenges breathing quick enough  in those up-tunes?  Are you wondering whether you're doing it right?  This is a great session to get a refresher and/or some new insight on breathing. | Barton, Hannah |
| ***Successful Section Leading***  This topic is a don’t-miss for any Music Team member, or wannabe Music Team member.  Discussion of best practices for success and how to get the most out of our singers and sections. | Borden, Joan |
| ***Solving the Backbeat Mystery***  What is it? Why is it important? What is the difference between the downbeat and the backbeat?  Learn about this, as well as how to incorporate it into your singing. | Brown, Leila |
| ***Everything you wanted to know but were afraid to ask!***  Come and chat with June about anything you wish! *No* topic is off-limits: Chorus-related or individual, musical or not, problem-solving on *any* facet of your barbershop life.  A wonderful opportunity to discuss any subject in a casual atmosphere. | Dale, June |
| ***The Power of Social Media***  Have questions about your online presence? Let’s talk Social Media! Learn how to expand your social media reach, and how to utilize your strengths to improve your chorus/quartet image. | DeClerq, Meaghan |
| ***Grab Attention with Graphics!***  Learn how to make your marketing materials more attractive and successful in attracting new members and audiences. Discussion of your marketing needs; e.g. Content, size, fonts, pictures and colors. | Gillespie,  Jill |
| ***Chorus Leadership – Making the Difference!***  Let’s have a conversation about how to be an effective leader with topics such as dealing with difficult people, sharing the load with your teams, how to support each other musically and administratively,  balancing singing / leadership / life, having the “tough talks”, effective listening, and more! | Heighway, Sue |
| ***R&R: Relax & Release***  Techniques and strategies to reduce tension, increase capacity and promote vocal freedom. | Howden, Erin |
| ***Creating a Successful Quartet Journey***  How to set achievable quartet goals, keep forward momentum, successful rehearsal tips, strategies for improvement and enjoying the journey. Great for all quartetters – past, present or future! | Glisten quartet |
| ***Happy Feet = Better Singing***  Did you know that your sore, tense foot muscles create tension throughout your whole body?  Using an exercise taught by Jennie Morton during the 2019 Directors'/Visual Leaders' Seminar, learn how you can loosen up those tense feet in order to improve your alignment, breathing and vocal production!  (\**Note:  come prepared to access your bare feet in this class!)* | Marriot,  Sue |
| ***‘Singlish’ for Matching Sounds***  “You sing sounds, not words; it’s Singlish, not English” --Dr. Jim Henry  Learn a valuable warm up to use in your chorus or quartet to enhance unit sound,  better match target vowel sounds and to improve understanding of utilizing consonants effectively. | McKinley, Susann |
| ***Building your Backstory***  How to effectively build a 'character history' that provides your performers  with place and purpose regardless of the song. | Patterson, Vanessa |
| ***Score 700 in Life Using the Basics of Barbershop!***  Experience a few basic barbershop singing practices from a different perspective and  see how they can teach you to transfer skills to empower your life with more freedom, ease & success. | Spoelstra, Rhonda |
| ***What’s all this about Straw Phonation?***  Attention all singers: Learn how this handy-dandy little tool is so effective in improving airflow,  vowel production, resonance, and more! It really works. | Stevens, Kristin |
| ***Help!  How do I find my starting note?***  Do you struggle to understand why some songs start on 1 or 8 (Do), or the 3rd (Mi) or the 5th (So) or the 2nd (Re)?  Why aren’t all the first notes of the song the SAME?  Why do tune-ups differ from song to song?  This round table discussion will provide the answers. BRING music to use as examples. | Watson, Nancy |